

SUMMER FOODS

Lesson Plans

Dear Parents and Educators,

These lesson plans are designed as follow up activities based on a summer foods/ summer theme. Feel free to expand on the lessons, and be creative! Remember, the point of doing a lesson is to convey information in a way that will help your children/students understand and retain the material presented.

Lesson #1 Categories:

Objective: To identify and sort summer foods objects.

Using the summer foods book, talk about summer foods. What foods are healthy? What foods are not healthy? What foods are for eating? What foods are for drinking?

Lesson #2 Critical Thinking:

Look at the summer foods book. What do you think a summer foods are? Why do people eat these foods in the summer? What are your favorite summer foods? Why?

Lesson #3 Locations:

Using the summer foods book, find out where summer foods are served.
Follow up questions: Where would you find a summer foods?

Lesson #4 Vocabulary:

Using the printable summer foods book worksheets, have your students match the summer foods pictures. Then, have your students use the printable icons to cut and paste a word web. Be creative and have students use pictures from a newspaper and magazines to add pictures and words to their word web.

Ideas:

Reprint the symbols page of the summer foods book. Make an album listing summer foods. You can get an album at a store. You can also make lotto cards out of the pictures, and play lotto or summer food bingo.