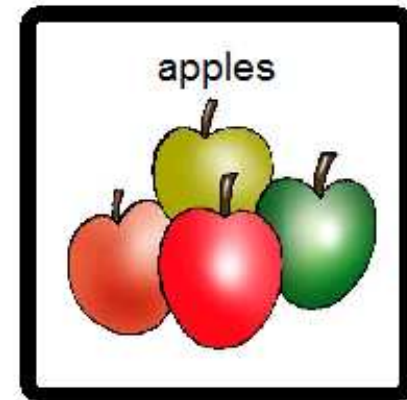


The Apple Book

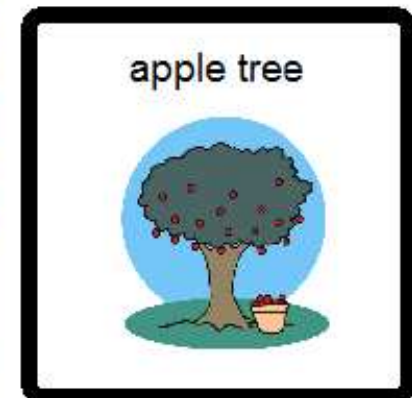


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Images: Jupiter 2009

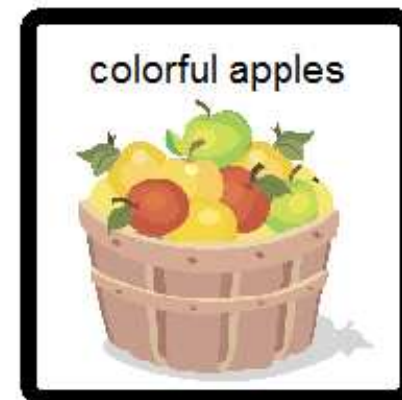




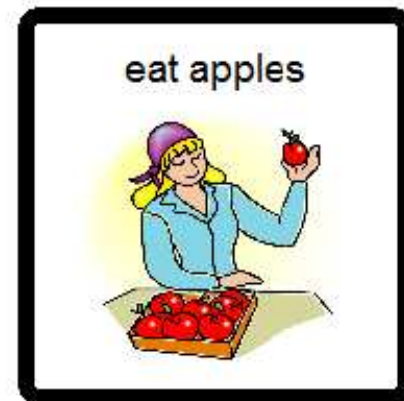
Let's learn about apples!



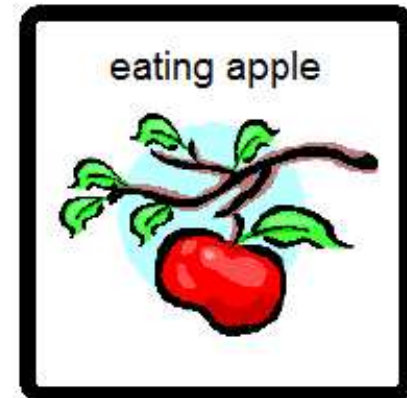
Apple trees are grown in apple orchards.
Autumn is the time of year when most
apples are ready to pick.



Apples come in many colors ranging in dark red to pale yellow. The beautiful autumn colors are part of what people love about apples.



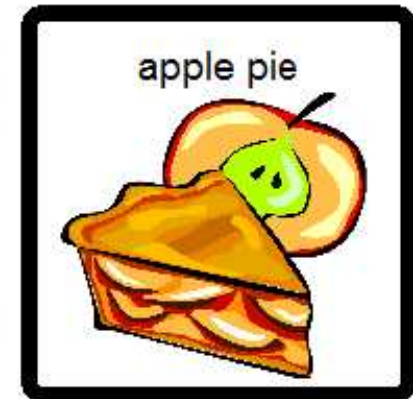
Americans love to eat apples! The average American family eats close to 45 pounds of apples every year.



There are many different kinds of apples. Fuji and Macintosh apples are delicious apples for eating right off of the tree.



Some apples are better for baking. Cortland, Empire, and Red Delicious are baking apples.



Apple pie is a delicious fall treat. With cinnamon, sugar, and a sugar glazed crust, you can't go wrong!



You can also make fresh applesauce. Fresh applesauce sprinkled with cinnamon can be served as a warm autumn dessert.



Apples are so special that they even have their own American folk-hero named Johnny Appleseed. The story of Johnny Appleseed teaches about the importance of apples and planting trees.



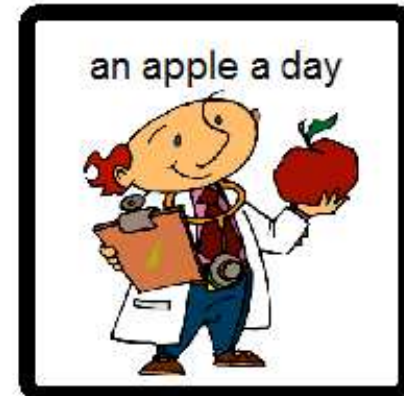
Johnny Appleseed traveled the American countryside, tossing and planting apple seeds to create a country filled with apple trees.



Johnny Appleseed truly did exist. His real name was John Chapman. He was born in Massachusetts in 1774.



Apples are an important part of American culture. There is even a famous nursery rhyme about them!



"An apple a day keeps the doctor away,
Apple in the morning - Doctor's warning,
Roast apple at night - starves the doctor outright,
Eat an apple going to bed - knock the doctor on the head,
Three each day, seven days a week - ruddy apple, ruddy cheek".



Did you ever hear of giving an apple to the teacher?
It's a sign of respect - for the teacher and the apple!



Apples are a healthy and delicious treat. So eat up!

apples



apple tree



eat apples



Johnny Appleseed



planting apple seeds



John Chapman / Massachusetts



American culture



apple to the teacher



eating apple



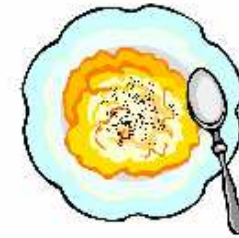
baking apple



apple pie



fresh applesauce



colorful apples



eat up



an apple a day

